

# BabyCare



(for expecting or new parents of children ages birth to 6 months-old)

## November – December 2009

### Thursday Cambridge Community Center

November 5	Session 1
November 12	Session 2
November 19	Session 3
<i>No class on November 26 - Thanksgiving</i>	
December 3	Session 4
December 10	Session 5

### 3900 Cambridge St. MP Room

6:00 p.m.-8:30 p.m.  
 6:00 p.m.-8:30 p.m.  
 6:00 p.m.-8:30 p.m. Maryland Pkwy/Flamingo  
 6:00 p.m.-8:30 p.m. 89119  
 6:00 p.m.-8:30 p.m.

### Mondays Cambridge Community Center

November 9	Session 1
November 16	Session 2
November 23	Session 3
November 30	Session 4
December 7	Session 5

### 3900 Cambridge St. #203

9:30 a.m.-12:00 p.m.  
 9:30 a.m.-12:00 p.m.  
 9:30 a.m.-12:00 p.m. Maryland Pkwy/Flamingo  
 9:30 a.m.-12:00 p.m. 89119  
 9:30 a.m.-12:00 p.m.

### Saturday William Pearson Community Center

November 14	Session 1
November 21	Session 2
<i>No class on November 28 – Thanksgiving weekend</i>	
December 5	Session 3
December 12	Session 4
December 19	Session 5

### 1625 W. Carey

9:30 a.m.-12:00 p.m.  
 9:30 a.m.-12:00 p.m.  
 9:30 a.m.-12:00 p.m. Carey/Martin Luther King  
 9:30 a.m.-12:00 p.m. 89032  
 9:30 a.m.-12:00 p.m.

### Tuesday Cambridge Community Center

December 1	Session 1
December 8	Session 2
December 15	Session 3
December 22	Session 4
December 29	Session 5

### 3900 Cambridge St., #203

9:30 a.m.-12:00 p.m.  
 9:30 a.m.-12:00 p.m.  
 9:30 a.m.-12:00 p.m. Maryland Pkwy/Flamingo  
 9:30 a.m.-12:00 p.m. 89119  
 9:30 a.m.-12:00 p.m.

New parents have lots of questions. **BabyCare** is a five-week program for expecting or new parents that addresses a variety of new-parent concerns from bonding and caring for a new baby to childcare options. Parents learn how to feed, bathe, diaper, dress, care for and play with their baby. Information on early development, health, safety, nutrition and choosing childcare is provided. Parents will explore positive strategies for guiding behavior, communicating with young children, managing stress and solving problems to provide nurturing care for their baby. Free of charge.

**Register by calling the Parenting Project at 455-5295**

*Schedule is subject to change. \*\*\*\*Children do not attend this class.*

Offered by Clark County Department of Family Services Parenting Project



# Nurturing Parents & Families

(for parents of children ages 6 months to 5 years-old)

## November - December 2009



### Tuesday Rose Warren Elementary School

<i>Spanish</i> October 27	Session 1
<i>Spanish</i> November 3	Session 2
<i>Spanish</i> November 10	Session 3
<i>Spanish</i> November 17	Session 4
<i>Spanish</i> November 24	Session 5
<i>Spanish</i> December 1	Session 6

### 6451 Brandywine Way

9:00 a.m.-11:00 a.m.
9:00 a.m.-11:00 a.m.
9:00 a.m.-11:00 a.m. Torrey Pines/Alta
9:00 a.m.-11:00 a.m. 89107
9:00 a.m.-11:00 a.m.
9:00 a.m.-11:00 a.m.

### Tuesday Valley View Recreation Center

October 27	Session 1
November 3	Session 2
November 10	Session 3
November 17	Session 4
November 24	Session 5
December 1	Session 6

### 500 Harris St. Henderson

6:00 p.m.-8:30 p.m.
6:00 p.m.-8:30 p.m.
6:00 p.m.-8:30 p.m. Boulder Hwy/Basic
6:00 p.m.-8:30 p.m.89015
6:00 p.m.-8:30 p.m.
6:00 p.m.-8:30 p.m.

### Tuesday William Pearson Community Center

November 3	Session 1
November 10	Session 2
November 17	Session 3
November 24	Session 4
December 1	Session 5
December 8	Session 6

### 1625 W. Carey

6:00 p.m.-8:30 p.m.
6:00 p.m.-8:30 p.m.
6:00 p.m.-8:30 p.m. Carey/Martin Luther King
6:00 p.m.-8:30 p.m. 89032
6:00 p.m.-8:30 p.m.
6:00 p.m.-8:30 p.m.

### Wednesday Becker Community School

November 4	Session 1
November 18	Session 2
<i>No class on November 11 – Veteran's Day</i>	
November 25	Session 3
December 2	Session 4
December 9	Session 5
December 16	Session 6

### 9110 Hillpointe

6:00 p.m.-8:30 p.m.
6:00 p.m.-8:30 p.m. Lake Mead/Rampart
6:00 p.m.-8:30 p.m. 89134
6:00 p.m.-8:30 p.m.
6:00 p.m.-8:30 p.m.
6:00 p.m.-8:30 p.m.

### Thursday Clark Community School

<i>Spanish</i> November 5	Session 1
<i>Spanish</i> November 12	Session 2
<i>Spanish</i> November 19	Session 3
<i>No class on November 26 - Thanksgiving</i>	
<i>Spanish</i> December 3	Session 4
<i>Spanish</i> December 10	Session 5
<i>Spanish</i> December 17	Session 6

### 3074 Arville St

6:00 p.m.-8:30 p.m.
6:00 p.m.-8:30 p.m. Spring Mtn/Arville
6:00 p.m.-8:30 p.m. 89102
6:00 p.m.-8:30 p.m.
6:00 p.m.-8:30 p.m.
6:00 p.m.-8:30 p.m.

### Saturday Cambridge Community Center

November 7	Session 1
November 14	Session 2
November 21	Session 3
<i>No class on November 28 – Thanksgiving weekend</i>	
December 5	Session 4
December 12	Session 5
December 19	Session 6

### 3900 Cambridge St.

9:30 a.m.-12:00 p.m.
9:30 a.m.-12:00 p.m. Maryland Pkwy/Flamingo
9:30 a.m.-12:00 p.m. 89119
9:30 a.m.-12:00 p.m.
9:30 a.m.-12:00 p.m.
9:30 a.m.-12:00 p.m.

<b>Tuesday Cambridge Community Center</b>		<b>3900 Cambridge St. MP Room</b>
November 17	Session 1	6:00 p.m.-8:30 p.m.
November 24	Session 2	6:00 p.m.-8:30 p.m.
December 1	Session 3	6:00 p.m.-8:30 p.m. Maryland Pkwy/Flamingo
December 8	Session 4	6:00 p.m.-8:30 p.m. 89119
December 15	Session 5	6:00 p.m.-8:30 p.m.
December 22	Session 6	6:00 p.m.-8:30 p.m.

<b>Tuesday Molasky Community School</b>		<b>7801 W Gilmore Ave, room 324</b>
November 17	Session 1	6:00 p.m.-8:30 p.m.
November 24	Session 2	6:00 p.m.-8:30 p.m. Buffalo between Gowan &
December 1	Session 3	6:00 p.m.-8:30 p.m. Alexander 89129
December 8	Session 4	6:00 p.m.-8:30 p.m.
December 15	Session 5/6	6:00 p.m.-8:30 p.m.

<b>Wednesday Walnut Recreation Center</b>		<b>3075 N Walnut</b>
November 18	Session 1	6:00 p.m.-8:00 p.m.
November 25	Session 2	6:00 p.m.-8:00 p.m. Cheyenne east of LV Blvd
December 2	Session 3	6:00 p.m.-8:00 p.m. 89115
December 9	Session 4	6:00 p.m.-8:00 p.m.
December 16	Session 5	6:00 p.m.-8:00 p.m.
December 23	Session 6	6:00 p.m.-8:00 p.m.

<b>Monday Cambridge Community Center</b>		<b>3900 Cambridge St., #203</b>
December 14	Session 1	9:30 a.m.-12:00 p.m.
December 21	Session 2	9:30 a.m.-12:00 p.m.
December 28	Session 3	9:30 a.m.-12:30 p.m. Maryland Pkwy/Flamingo
January 4	Session 4	9:30 a.m.-12:00 p.m. 89119
January 11	Session 5	9:30 a.m.-12:00 p.m.
<i>No class on January 18 – Martin Luther King Day</i>		
January 25	Session 6	9:30 a.m.-12:00 p.m.

*Schedule is subject to change. \*\*\*\*Children do not attend this class.*

The **Nurturing Parents and Families** program is designed for parents of children from **6 months to five years-old**. The program promotes positive, healthy and nurturing interactions between parents and their toddlers and preschool children. Developmental stages of children from infancy through preschool are presented. Parents will learn stress management techniques, how to establish routines and handle anger. Problem-solving techniques and appropriate behavior management methods are presented and practiced. *Free of charge.*

**Register by calling the Parenting Project at 455-5295**

Offered by Clark County Department of Family Services Parenting Project





# ABC's of Parenting

(for parents of children 5 to 10 years-old)

## November - December 2009



### Monday Whitney Ranch Recreation Center

October 26	Session 1
November 2	Session 2
November 9	Session 3
November 16	Session 4
November 23	Session 5

### 1575 Galleria Henderson

6:00 p.m.-8:30 p.m.  
 6:00 p.m.-8:30 p.m. between Whitney Ranch/Patrick  
 6:00 p.m.-8:30 p.m. 89014  
 6:00 p.m.-8:30 p.m.  
 6:00 p.m.-8:30 p.m.

### Wednesday Mendoza Elementary School

November 4	Session 1
<i>No class on November 11 - Veteran's Day</i>	
November 18	Session 2
November 25	Session 3
December 2	Session 4
December 9	Session 5

### 2000 S Sloan Lane

9:00 a.m.-11:00 a.m.  
 9:00 a.m.-11:00 a.m. E. Sahara/Sloan  
 9:00 a.m.-11:00 a.m. 89142  
 9:00 a.m.-11:00 a.m.  
 9:00 a.m.-11:00 a.m.

### Wednesday Mendoza Elementary School

<i>Spanish</i> November 4	Session 1
<i>No class on November 11 - Veteran's Day</i>	
<i>Spanish</i> November 18	Session 2
<i>Spanish</i> November 25	Session 3
<i>Spanish</i> December 2	Session 4
<i>Spanish</i> December 9	Session 5

### 2000 S Sloan Lane

1:00 p.m.-3:00 p.m.  
 1:00 p.m.-3:00 p.m. E. Sahara/Sloan  
 1:00 p.m.-3:00 p.m. 89142  
 1:00 p.m.-3:00 p.m.  
 1:00 p.m.-3:00 p.m.

### Wednesday Molasky Community School

November 4	Session 1
<i>No class on November 11 - Veteran's Day</i>	
November 18	Session 2
November 25	Session 3
December 2	Session 4
December 9	Session 5

### 7801 W Gilmore Ave, room 324

6:00 p.m.-8:30 p.m.  
 6:00 p.m.-8:30 p.m. Buffalo between Gowan &  
 6:00 p.m.-8:30 p.m. Alexander 89129  
 6:00 p.m.-8:30 p.m.  
 6:00 p.m.-8:30 p.m.

### Thursday Becker Community School

November 5	Session 1
November 12	Session 2
November 19	Session 3
<i>No class on November 26 - Thanksgiving</i>	
December 3	Session 4
December 10	Session 5

### 9110 Hillpointe

6:00 p.m.-8:30 p.m.  
 6:00 p.m.-8:30 p.m. Lake Mead/Rampart  
 6:00 p.m.-8:30 p.m. 89134  
 6:00 p.m.-8:30 p.m.  
 6:00 p.m.-8:30 p.m.

### Friday Ruby Thomas Elementary School

<i>Spanish</i> November 6	Session 1
<i>Spanish</i> November 13	Session 2
<i>Spanish</i> November 20	Session 3
<i>No class on November 27 - Family Day</i>	
<i>Spanish</i> December 4	Session 4
<i>Spanish</i> December 11	Session 5

### 1560 E Cherokee Lane

9:15 a.m.-11:15 a.m.  
 9:15 a.m.-11:15 a.m. Desert Inn/Spencer  
 9:15 a.m.-11:15 a.m. 89169  
 9:15 a.m.-11:15 a.m.  
 9:15 a.m.-11:15 a.m.

### Saturday Cambridge Community Center

November 7	Session 1
November 14	Session 2
November 21	Session 3
<i>No class on November 28 - Thanksgiving weekend</i>	
December 5	Session 4
December 12	Session 5

### 3900 Cambridge St., MP Room

9:30 a.m.-12:30 p.m.  
 9:30 a.m.-12:30 p.m.  
 9:30 a.m.-12:30 p.m. Maryland Pkwy/Flamingo  
 9:30 a.m.-12:30 p.m. 89119  
 9:30 a.m.-12:30 p.m.

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**Monday Vail Pittman Elementary School**

Spanish November 9 Session 1  
Spanish November 16 Session 2  
Spanish November 23 Session 3  
Spanish November 30 Session 4  
Spanish December 7 Session 5

**6333 Fargo Ave**

9:00 a.m.-11:00 a.m.  
9:00 a.m.-11:00 a.m. Torrey Pines/Washington  
9:00 a.m.-11:00 a.m. 89107  
9:00 a.m.-11:00 a.m.  
9:00 a.m.-11:00 a.m.

**Thursday Walter Long Elementary School**

Spanish November 12 Session 1  
Spanish November 19 Session 2  
*No class on November 26 –Thanksgiving*  
Spanish December 3 Session 3  
Spanish December 10 Session 4  
Spanish December 17 Session 5

**2000 S. Walnut Rd. Room 3**

9:00 a.m.-11:00 p.m.  
9:00 a.m.-11:00 p.m. E Sahara/ west of Lamb  
9:00 a.m.-11:00 p.m. 89104  
9:00 a.m.-11:00 p.m.  
9:00 a.m.-11:00 p.m.

**Tuesday Walnut Recreation Center**

Spanish November 17 Session 1  
Spanish November 24 Session 2  
Spanish December 1 Session 3  
Spanish December 8 Session 4  
Spanish December 15 Session 5

**3075 N Walnut**

6:00 p.m.-8:00 p.m.  
6:00 p.m.-8:00 p.m. Cheyenne east of LV Blvd  
6:00 p.m.-8:00 p.m. 89115  
6:00 p.m.-8:00 p.m.  
6:00 p.m.-8:00 p.m.

**Wednesday South Neighborhood Family Service Center 522 E. Lake Mead Pkwy, Ste 5**

Spanish November 18 Session 1  
Spanish November 25 Session 2  
Spanish December 2 Session 3  
Spanish December 9 Session 4  
Spanish December 16 Session 5

6:00 p.m.-8:30 p.m. Henderson  
6:00 p.m.-8:30 p.m. Lake Mead/Boulder Hwy  
6:00 p.m.-8:30 p.m. (turn in at Burkholder)  
6:00 p.m.-8:30 p.m. 89015  
6:00 p.m.-8:30 p.m.

**Wednesday Vail Pittman Elementary School**

November 18 Session 1  
November 25 Session 2  
December 2 Session 3  
December 9 Session 4  
December 16 Session 5

**6333 Fargo Ave**

9:00 a.m.-11:00 a.m.  
9:00 a.m.-11:00 a.m. Torrey Pines/Washington  
9:00 a.m.-11:00 a.m. 89107  
9:00 a.m.-11:00 a.m.  
9:00 a.m.-11:00 a.m.

**Wednesday Cambridge Community Center**

November 18 Session 1  
November 25 Session 2  
December 2 Session 3  
December 9 Session 4  
December 16 Session 5

**3900 Cambridge St., MP Room**

6:00 p.m.-8:30 p.m.  
6:00 p.m.-8:30 p.m.  
6:00 p.m.-8:30 p.m. Maryland Pkwy/Flamingo  
6:00 p.m.-8:30 p.m. 89119  
6:00 p.m.-8:30 p.m.

**Wednesday Doolittle Community Center 1950 North J Street**

November 25 Session 1  
December 2 Session 2  
December 9 Session 3  
December 16 Session 4  
December 23 Session 5

6:00 p.m.-8:30 p.m.  
6:00 p.m.-8:30 p.m. Lake Mead/Martin Luther King  
6:00 p.m.-8:30 p.m. 89106  
6:00 p.m.-8:30 p.m.  
6:00 p.m.-8:30 p.m.

*Schedule is subject to change. \*\*\*\*Children do not attend this class.*

The **ABC's of Parenting** is a fun and interactive program that helps parents of school-age children gain an understanding of child development and behavior. Parents learn how to communicate effectively with their children, encourage better behavior, use positive discipline techniques and teach responsibility. The program shows parents how to help children succeed in school and solve problems. Parents will also learn how to manage stress and anger and talk to their children about drugs, alcohol and other issues.

*Free of charge.*

**Register by calling the Parenting Project at 455-5295**

Offered by Clark County Department of Family Services Parenting Project



# Parent Teen Solutions

(for parents and youth 11 to 17 years-old)

**November-December 2009**

## **Tuesday Whitney Ranch Recreation Center**

October 27	Session 1
November 3	Session 2
November 10	Session 3
November 17	Session 4
November 24	Session 5
December 1	Session 6

## **1575 Galleria Henderson**

6:00 p.m.-8:30 p.m.  
 6:00 p.m.-8:30 p.m. between Whitney Ranch/Patrick  
 6:00 p.m.-8:30 p.m. 89014  
 6:00 p.m.-8:30 p.m.  
 6:00 p.m.-8:30 p.m.  
 6:00 p.m.-8:30 p.m.

## **Wednesday Valley View Recreation Center**

October 28	Session 1
November 4	Session 2
<i>No class on November 11 –Veteran's Day</i>	
November 18	Session 3
November 25	Session 4
December 2	Session 5
December 9	Session 6

## **500 Harris St. Henderson**

6:00 p.m.-8:30 p.m.  
 6:00 p.m.-8:30 p.m.  
 6:00 p.m.-8:30 p.m. Boulder Hwy/Basic  
 6:00 p.m.-8:30 p.m.89015  
 6:00 p.m.-8:30 p.m.  
 6:00 p.m.-8:30 p.m.

## **Wednesday Central Neighborhood Family Service Center 333 N. Rancho Dr.**

November 4	Session 1
<i>No class on November 11 –Veteran's Day</i>	
November 18	Session 2
November 25	Session 3
December 2	Session 4
December 9	Session 5
December 16	Session 6

6:00 p.m.-8:30 p.m.  
 6:00 p.m.-8:30 p.m.  
 6:00 p.m.-8:30 p.m. Bonanza/Rancho  
 6:00 p.m.-8:30 p.m. 89106  
 6:00 p.m.-8:30 p.m.  
 6:00 p.m.-8:30 p.m.

## **Thursday Walnut Recreation Center**

November 5	Session 1
November 12	Session 2
November 19	Session 3
<i>No class on November 26 –Thanksgiving</i>	
December 3	Session 4
December 10	Session 5
December 17	Session 6

## **3075 N Walnut**

6:00 p.m.-8:30 p.m.  
 6:00 p.m.-8:30 p.m. Cheyenne east of LV Blvd  
 6:00 p.m.-8:30 p.m. 89115  
 6:00 p.m.-8:30 p.m.  
 6:00 p.m.-8:30 p.m.  
 6:00 p.m.-8:30 p.m.

## **Thursday Molasky Community School**

November 5	Session 1
November 12	Session 2
November 19	Session 3
<i>No class on November 26 –Thanksgiving</i>	
December 3	Session 4
December 10	Session 5
December 17	Session 6

## **7801 W Gilmore Ave, room 324**

6:00 p.m.-8:30 p.m.  
 6:00 p.m.-8:30 p.m. Buffalo between Gowan &  
 6:00 p.m.-8:30 p.m. Alexander 89129  
 6:00 p.m.-8:30 p.m.  
 6:00 p.m.-8:30 p.m.  
 6:00 p.m.-8:30 p.m.

## **Thursday William Pearson Community Center**

<i>Spanish</i> November 5	Session 1
<i>Spanish</i> November 12	Session 2
<i>Spanish</i> November 19	Session 3
<i>No class on November 26 –Thanksgiving</i>	
<i>Spanish</i> December 3	Session 4
<i>Spanish</i> December 10	Session 5
<i>Spanish</i> December 17	Session 6

## **1625 W. Carey**

6:00 p.m.-8:00 p.m.  
 6:00 p.m.-8:00 p.m.  
 6:00 p.m.-8:00 p.m. Carey/Martin Luther King  
 6:00 p.m.-8:00 p.m. 89032  
 6:00 p.m.-8:00 p.m.  
 6:00 p.m.-8:00 p.m.

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**Saturday Rainbow Library**

November 7                      Session 1  
November 14                     Session 2  
November 21                     Session 3  
*No class on November 28 –Thanksgiving Day weekend*  
December 5                      Session 4  
December 12                     Session 5  
December 19                     Session 6

**3150 N. Buffalo**

10:30 a.m.-1:00 p.m.  
10:30 a.m.-1:00 p.m.  
10:30 a.m.-1:00 p.m. Buffalo/Cheyenne  
10:30 a.m.-1:00 p.m.89128  
10:30 a.m.-1:00 p.m.  
10:30 a.m.-1:00 p.m.

**Saturday Cambridge Recreation Center**

November 7                      Session 1  
November 14                     Session 2  
November 21                     Session 3  
*No class on November 28 –Thanksgiving Day weekend*  
December 5                      Session 4  
December 12                     Session 5  
December 19                     Session 6

**3930 Cambridge St.**

10:30 a.m.-1:00 p.m.  
10:30 a.m.-1:00 p.m. Flamingo/Maryland Pkwy  
10:30 a.m.-1:00 p.m. 89119  
10:30 a.m.-1:00 p.m.  
10:30 a.m.-1:00 p.m.  
10:30 a.m.-1:00 p.m.

**Tuesday Becker Community School**

November 17                     Session 1  
November 24                     Session 2  
December 1                      Session 3  
December 8                      Session 4  
December 15                     Session 5/6

**9110 Hillpointe**

6:00 p.m.-8:30 p.m.  
6:00 p.m.-8:30 p.m. Lake Mead/Rampart  
6:00 p.m.-8:30 p.m. 89134  
6:00 p.m.-8:30 p.m.  
6:00 p.m.-8:30 p.m.

**Wednesday Cimarron Rose Community Center 5591 N. Cimarron**

December 2                      Session 1  
December 9                      Session 2  
December 16                     Session 3  
December 23                     Session 4  
December 30                     Session 5/6  
6:00 p.m.-8:00 p.m.  
6:00 p.m.-8:00 p.m. Ann Rd west of Hwy95  
6:00 p.m.-8:00 p.m. 89149  
6:00 p.m.-8:00 p.m.  
6:00 p.m.-8:00 p.m.

**Monday Cambridge Community Center**

December 7                      Session 1  
December 14                     Session 2  
December 21                     Session 3  
December 28                     Session 4  
January 4                        Session 5  
January 11                      Session 6

**3900 Cambridge St., MP Room**

6:00 p.m.-8:30 p.m.  
6:00 p.m.-8:30 p.m.  
6:00 p.m.-8:30 p.m. Maryland Pkwy/Flamingo  
6:00 p.m.-8:30 p.m. 89119  
6:00 p.m.-8:30 p.m.  
6:00 p.m.-8:30 p.m.

*Schedule is subject to change. \*\*\*Teens may attend this program with their parent/caregiver.*

**ParentTeen Solutions** is designed to maximize family strengths and reduce behavioral problems in youth. Youth 11 to 17 years-old attend this program with their parents to promote communication and trust. Parents learn the importance of clear rules and consistent supervision and how to practice a positive approach to discipline that teaches self-responsibility. Parents and youth participate in problem-solving, conflict resolution and asset-building activities designed to promote a nurturing and supportive family environment. *Free of charge.*

**Register by calling the Parenting Project at 455-5295**



Offered by Clark County Department of Family Services Parenting Project